FUSE

Tackling Bullying and Online Safety Together

A Whole Education Approach to Tackling Bullying

Cineáltas, the Government Action Plan on Bullying encourages all schools to join FUSE.

FUSE is the first research-based Anti-Bullying and Online Safety Programme designed to comply with UNESCO's Whole Education Approach to tackle bullying and online safety issues in schools. It is based on 25 years of research on prevention and intervention and is designed to support the wider SPHE/RSE/Wellbeing curricula in schools.
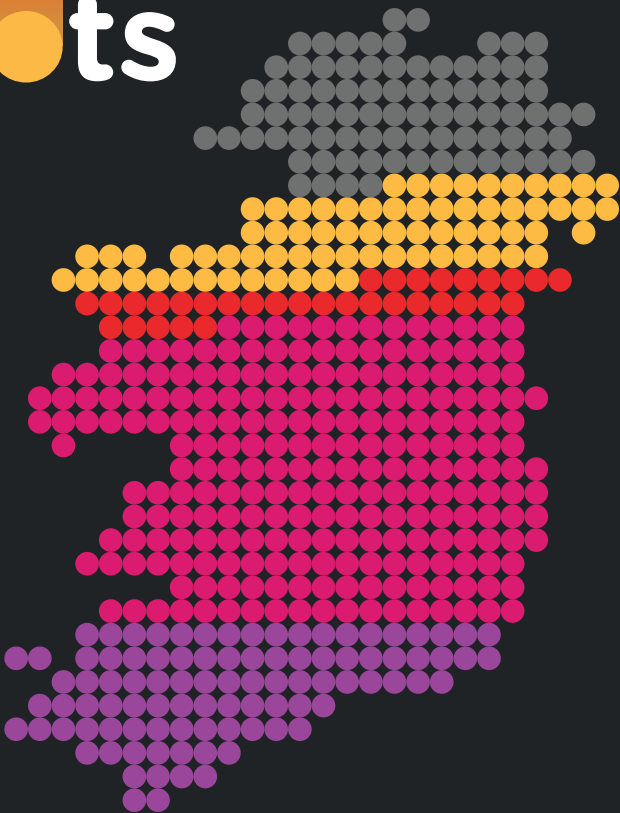
What is FUSE?

Developed by DCU Anti-Bullying Centre FUSE is Ireland's only research-based anti-bullying and online safety programme for primary and post-primary schools.

The goal of the programme is to connect everyone in a school community to work together to tackle bullying and promote online safety.

FUSE consists of a suite of lessons and accompanying resources facilitated by teachers in a classroom setting. FUSE builds capacity among students to understand their own behaviour, be able to recognise bullying and online safety risks, and be confident in how to report and seek support when they need it.

Connecting the dots

Recent research from DCU Anti-Bullying Centre (2023) highlighted:

13.8%

of 12-13 year old's in Ireland reported being bullied offline at least once a month

6.4%

said that they witnessed offline bullying over the last number of months.

45.3%

of teenagers reported witnessing online bullying at least once over the last number of months.

18.4%

reported being bullied online at least once a month.

Step 1
Simply click on the link
https://antibullyingcentre.ie/fuse/

Step 2
Choose to access either FUSE Primary
or FUSE Post-Primary Resources

Step 3
Key in (1) School Roll Number
& (2) Email Address to access.

Students complete
a project about how
to tackle bullying
and online safety.

400,000+

students have participated in FUSE

- 83% now know who to ask for help

- 81% are more confident noticing if someone is trying to harass or bully them online

- 79% are more confident speaking out about bullying

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The programme is a great way to understand the importance of speaking out about bullying

- student

A fun and creative way to learn about bullying

- student

A very educational and enjoyable experience

- teacher

FUSE helped open my eyes to bullying online and in-person

- student

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FUSE

We have made huge strides building a culture of anti-bullying and online safety for students in Ireland, but more needs to be done.

To learn more about our work please visit:

https://antibullyingcentre.ie/fuse/