### Lesson 1: The Power of Noticing



# Activity Sheet 1:

Name:

## Noticing Bullying Behaviour

List some points under each heading. You may need to stop, think and reflect for a few moments before

What bullying behaviour looks like online:	What bullying behaviour looks like offine:
How someone who is experiencing bullying behaviour might feel:	What someone displaying bullying behaviour might think?

## Lesson 1: The Power of Noticing



## Activity Sheet 2:

### Scenario Cards

**Instructions:** These should be photocopied, cut out and then distributed to each group of students.

Scenario 1:	Jake and Rory have been friends since 1st year, but this year Rory has started hanging out with a new group of guys in the other 3rd year class. He still likes Jake, however seems to have more in common with this new group. The new group of guys are forwarding pictures of Jake (ones that he doesn't know have been taken of him in school) on WhatsApp and talking about him in their WhatsApp group calling him names like a 'creep', 'waster', and 'loner'. Rory is in this Whatsapp group but says nothing.
Scenario 2:	Jen has noticed that when she walks into class most of the other girls turn to each other, start to giggle or stare at her. They purposely brush past her in the corridor and knock her books off the desk and say it was an accident. At lunch Jen usually sits on her own in the canteen with people always looking over and smirking at her. Everyone in the class can see this is happening. What should they do?
Scenario 3:	A fake TikTok profile has been set up by someone in your year in school. Pictures of students in your school are taken without their consent from their Instagram and made into a TikTok video with mean comments slagging each person. The group has been sent around on WhatsApp for the last few days and you know it's not nice, so you've just chosen not to comment on or like any of the videos.
Scenario 4:	In the boys changing room after PE Mustafa is always getting hit or slapped when some of the other boys walk through the changing room as he's getting changed. You feel sorry for Mustafa but aren't really sure what to do other than say "ah don't mind them!". If you tell it will just make things worse for him.